DIGITAL (THIN FLAT MODEL)

1. LIGHT

At any state, press LIGHT key for backlit display

2. DATE & SECONDS FUNCTION

Press MODE key once to display Date, twice to display Second; then press MODE key again to return to time display mode.

3. TIME SETTING

Press SET key twice to entry time setting mode, select item in turn as following: MONTH - DAY - HOUR - MINUTE

Press MODE to change the number values, and SET to change between MONTH - DAY - HOUR - MINUTE .

Press MODE to active colon flashing.

Your watch is now set.